



K3-K4 1 lunch \$3.00 / 20 lunches \$50.00  
 K5-3rd 1 lunch \$3.50 / 20 lunches \$60.00  
 4th-6th 1 lunch \$4.00 / 20 lunches \$70.00  
 7th-12th 1 lunch \$4.50



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday



### Tuesday

### Wednesday



### Thursday

### Friday

5  
 Hot Dog  
 French fries  
 Vegetable  
 Fruit

6  
 Chicken patty  
 Mashed potatoes  
 Vegetable  
 Fruit

7  
 Ham and cheese sliders  
 Rice  
 Vegetable  
 Fruit

8  
 Cheeseburger  
 Chips  
 Vegetable  
 Fruit

9  
 Pizza  
 Inn

12  
 Chicken tenders  
 French fries  
 Vegetable  
 Fruit

13  
 Taco salad  
 Fruit

14  
 Ham and cheese sliders  
 Rice  
 Vegetable  
 Fruit

15  
 Spaghetti  
 Garlic bread  
 Vegetable  
 Fruit

16  
 Pizza  
 Inn

19  
*Have a blessed  
 Christmas!*

20

21

22

23  
 Half Day  
 Dismissal at 11:00

26

27

28

29

30