



K3-K4 1 lunch \$3.00 / 20 lunches \$50.00
 K5-3rd 1 lunch \$3.50 / 20 lunches \$60.00
 4th-6th 1 lunch \$4.00 / 20 lunches \$70.00
 7th-12th 1 lunch \$4.50



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

STAFF DEVELOPMENT
No school for students

2

Tuesday

Cheeseburger
 French fries
 Vegetable
 Fruit

3

Wednesday

Ravioli
 Garlic bread
 Vegetable
 Fruit

4

Thursday

Chicken patty
 Mashed potatoes
 Vegetable
 Fruit

5

Friday

PIZZA INN

6

Corn dog
 French fries
 Vegetable
 Fruit

9

Fish
 Mac & cheese
 Vegetable
 Fruit

10

Quesadilla
 Chips and cheese
 Vegetable
 Fruit

11

Pinto beans
 Cornbread
 Potato casserole
 Fruit

12

CHICK-FIL-A

13

STAFF DEVELOPMENT
No school for students

16

Country fried beef steak nuggets
 Rice
 Vegetable
 Fruit

17

Meatballs
 Noodles
 Vegetable
 Fruit

18

Chili, chips,
 and cheese
 Fruit

19

PIZZA INN

20

Chicken nuggets
 French fries
 Vegetable
 Fruit

23

Grilled cheese
 Soup
 Fruit

24

Ham and cheese sliders
 Chips
 Vegetable
 Fruit

25

Spaghetti
 Garlic bread
 Vegetable
 Fruit

26

CHICK-FIL-A

27

Hot dog
 French fries
 Vegetable
 Fruit

30

Taco salad
 Fruit

31

