

 K3-K4 1 lunch \$3.50 / 20 lunches \$70.00
 K5-3rd 1 lunch \$4.00 / 20 lunches \$80.00
 4th-6th 1 lunch \$4.50 / 20 lunches \$90.00
 7th-12th 1 lunch \$5.00



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday

Wednesday

Thursday

Friday

7

8

9

10

Chicken Tenders
French fries
Vegetable
Fruit

11

Ravioli
Garlic bread
Vegetable
Fruit

14

Corn dog
French fries
Vegetable
Fruit

15

Chicken sliders
Vegetable
Fruit

16

Meatballs
Noodles
Vegetable
Fruit

17

Cheeseburger
Chips
Vegetable
Fruit

18

Pizza Inn

(Place order by 10 a.m. on August 15.)

21

Chicken nuggets
French fries
Vegetable
Fruit

22

Quesadilla
Chips and cheese
Vegetable
Fruit

23

Country fried beef nuggets
Creamed potatoes
Vegetable
Fruit

24

Spaghetti
Garlic bread
Vegetable
Fruit

25

Pizza Inn

(Place order by 10 a.m. on August 22.)

28

Hot dog
French fries
Vegetable
Fruit

29

Ham
Mac and cheese
Vegetable
Fruit

30

Chicken patty
Vegetables
Fruit

31

Beef sliders
Potato casserole
Vegetable
Fruit

